# Packing list for active days in the archipelago

## Summer/early fall

* Shorts
* Hiking pants
* Wool t-shirt or light wool long sleave
* A mid layer like a fleece jacket
* Thin wool socks (keeps your feet warm even if you get wet)
* A wind- and waterproof jacket (typical Gore-Tex)
* Wind – and waterproof pants (perfect to keep in your backpack if it starts to rain)
* A thin hat
* Gloves
* Hiking shoes. Good if they reach above your ancle, for extra support. If you are afraid to get wet, they should be waterproof.

## Winter/early spring

* Wool underwear (long sleave and long johns)
* Wool socks, thick and thin
* A mid layer, like a fleece or wool jacket
* A warm jacket, down or synthetic
* A wind- and waterproof jacket (typical Gore-Tex)
* Wind – and waterproof pants (perfect to keep in your backpack if it starts to rain)
* Gloves or mittens (mittens are warmer than gloves)
* A thick hat
* A scarf, neck warmer or similar to keep the neck warm
* Warm, waterproof shoes. Preferably above the ancle. Be aware that they should be solid and grippy

## General tips

* Sunglasses
* Sunscreen
* Hair band for long hair and windy days
* Wool sports top and underwear are perfect if you have the tendency to get cold
* Always bring swimwear. You never know…